



Could homeopathy be the secret to the Queen's 63-year reign?

The Royal Family have used and endorsed homeopathy for three generations. The Queen is said never to travel without her homeopathic first aid kit, and we homeopaths like to think the longevity of her family – the Queen mum lived to 102, Elizabeth is still going strong at 89 and the Duke of Edinburgh is 94 – can be put down, to some extent, to our little white pills.

David Beckham was impressed how well his broken foot mended after using homeopathy just before the 2002 World Cup.

Catherine Zeta Jones was introduced to homeopathy when she had lots of strains and sprains during the filming of *Chicago*.

Tina Turner was treated for her TB homeopathically.

Pamela Anderson used homeopathy to treat her hepatitis C in 2002 and credits it for keeping her in good health today.

Toby Maguire used remedies for back pain while filming *Spider-man 2*.

Find out how homeopathy can
benefit your physical well-being

Orlando Bloom swears by homeopathic remedies for colds and when he loses his voice.

Michelle Collins first came to homeopathy when her daughter Maia was a baby and used it for all the daily childhood ailments. Now a regular homeopathic user, particularly for stage nerves, she says: 'Homeopathy is very important to healthy living. It empowers you to take control of your health. The NHS should be looking to things like this to help manage spiralling costs as it is so inexpensive and effective, plus conventional drugs can have horrible side-effects which make things worse.'

Paul McCartney says he can't manage without homeopathy and never goes anywhere without remedies.

Cher and Priscilla Presley report that their chronic fatigue syndrome was cured with homeopathy and **Lisa Marie Presley** used homeopathy for postnatal depression.

Nelly Furtado takes homeopathic remedies for jetlag when she goes on tour.

Homeopathy's worked for them...

Other advocates come from all walks of life, and include Michael Caine, Twiggy, Roger Daltrey, James Ellington, Susan Hampshire, Caprice, Richard Branson, Meera Syal, Debra Stephenson, Gaby Roslin, Jude Law and Nadia Sawalha.

To read the stories of people who have benefited from homeopathy for all manner of ailments, from migraine to stress to Crohn's to painful periods, go to www.findahomeopath.org.uk.

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